

CASE STUDY: LEAST RESTRICTIVE PRACTICE

HEALTH INNOVATION NETWORK

Context: Health Innovation Manchester and Health Innovation North West Coast commissioned Aqua to support their delivery of the Mental Health Safety Improvement Programme (MHSIP) - a national safety programme. Paul Greenwood, our Programme Manager for Mental Health, took the role of improvement coach for both organisations over the 18 months - 2 years of the programme. The national programme completed in September 2023.

What We Did: Over the two years, there were around 20 ward teams within the programme from across the North West, with a small number of teams stepping back and new ones joining including from the independent sector. Health Innovation Manchester and Health Innovation North West Coast ran a breakthrough series style collaborative with learning events followed by improvement coaching visits to teams to support improvement activity. The improvements included unwritten and blanket rules, patient engagement, activity development, sensory modulation support, comfort rooms, noise reduction and seclusion management.

Impact: Throughout the programme, data was collected on a monthly basis and analysed by Health Innovation Manchester and Health Innovation North West Coast. At the close of the programme, we saw a reduction in restrictive practice across the region.

“ I’m pleased to say we’ve seen brilliant results from the programme in Greater Manchester. We’re currently seeing reductions in restrictive practice of about 50%, exceeding the national target of 25%. Paul has been a key part of making this happen and helping to make a difference for teams and patients across Greater Manchester. Paul has brilliant knowledge and expertise in the subject area, and a great way of weaving in examples from elsewhere for a wide variety of different challenges and change ideas. Above all, Paul has been a pleasure to work with. It feels like a collaborative relationship where we are working towards a common goal.

Louise Bond

Programme Development Lead
Health Innovation Manchester

For further details about this piece of work, or to discuss how we can support you, please get in touch:



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