

CASE STUDY: LONG COVID SERVICE

QUANTITATIVE EVALUATION

LANCASHIRE AND SOUTH CUMBRIA INTEGRATED CARE BOARD

Context: The Long Covid Service was set up in 2021 as way to help people navigate the care system more easily with access to multiple clinicians and a return-to-work programme. Lancashire and South Cumbria Integrated Care Board (ICB) Long Covid Service sites consist of Blackpool, Central Lancashire, East Lancashire, Morecambe Bay, and West Lancashire. These services have been discontinued as they are deemed to no longer be required.

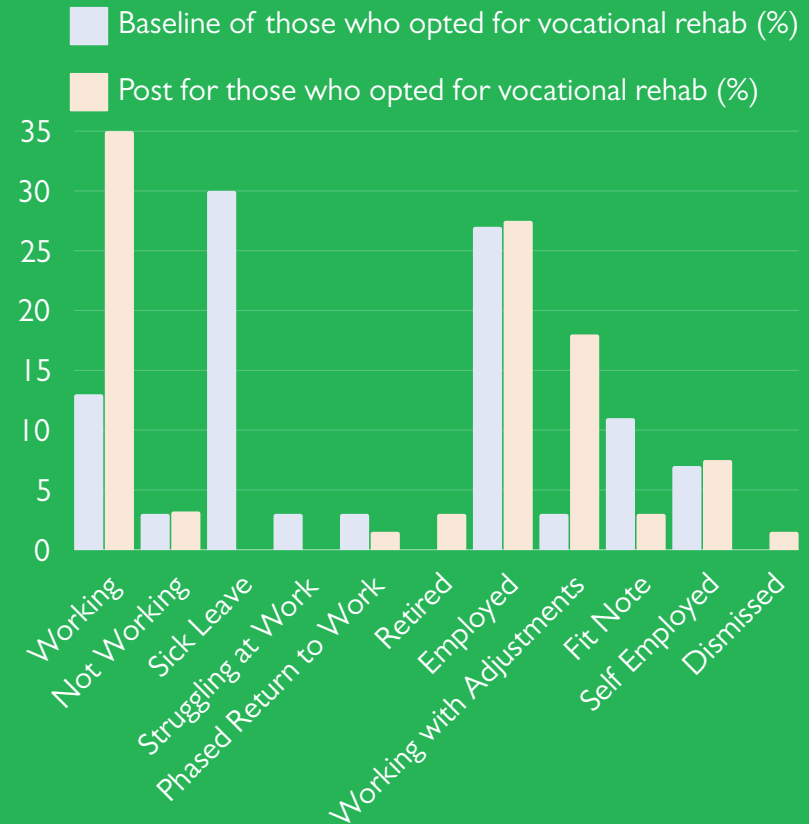
What We Did: Our involvement was to take data from the first 50 patients in 2022 across all sites, to highlight the work the service has done. We began by profiling each site based on age, gender, and Indices of Multiple Deprivation (IMD). Subsequently, we conducted an analysis to compare various aspects of each site, including the median weeks in service, referral to the first appointment, and the number of weeks per contact by the service. The purpose of this analysis was to assess and demonstrate the utilisation and demand for the service. Additionally, we delved into the symptoms and comorbidities at the site level to gain an understanding of the complexity of the patients being treated by the service

Impact: Our findings revealed over 90% of patients had a minimum of three symptoms, while more than 80% had one or more comorbidities within the comorbidity categories. These findings highlighted the complexity of patients being assisted by the Long Covid service. Furthermore, we analysed the number of clinicians involved in the care of patients, and on average, each patient required the attention of three clinicians.

Vocational rehab services were found to be highly effective, with over 20% of individuals transitioning back to work and a complete reduction in sickness from 30% to 0%. This further emphasizes the remarkable impact and success of the service and vocational rehab.



PRE AND POST VOCATIONAL REHAB



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