

June 13th 2023

Salford Care Provider Excellence Programme

Achieving Excellence in Nutrition and Hydration



Shared learning from **an adult safeguarding review**, where lack of nutrition and hydration contributed to an avoidable death.



Introduced “**But first a drink...**” and how this can be adapted to community settings



Discussed importance of accurately completing food and fluid charts.

“If it’s not written down, they didn’t eat it”



Practical advice on **oral care** in community settings, and its importance for nutrition and hydration



The importance of working in **partnership** to improve care quality in Salford



Advice on methods to **prevent malnutrition and dehydration** in adults



Practical learning on **helping others to eat and drink**

32
delegates;
18 adult
care
providers

“Really appreciate all the effort. Very informative and good for networking”
Delegate feedback



Hosted by: Salford Adult Social Care Procurement & Market Management and Aqua.

Talks from: Salford’s Dietetics, Speech and Language, Public Health and Safeguarding teams, and Age UK Salford.



Salford City Council



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Provider impact: August 23



8 responses to survey

(44% of the 18 providers who attended)

100% of providers could evidence that they had implemented changes after attending

Hydration (but first a drink...)

5 of 8

Milkshakes & supplements

2 of 8

Documentation
Training with SLT
Weekly weigh-ins
Oral care
Each 1 of 8

63% made suggestions for additional support

Resource for specific dietary requirements e.g. Kosher
Affordable resources
Regular refresher training
Dietician advice required